



Senior Times

The Voice of the Hubbardston Senior

December 2023

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CHRISTMAS MORNING AT OUR SENIOR CENTER

Friday, December 15, 2023 9:00 AM -?

WEAR YOUR FAVORITE Christmas Pajama's

Breakfast Menu:

Quiche & Breakfast Casseroles

Toast / Muffins

Orange Juice/ Coffee

You are welcome to bring your favorite Christmas dish to add to the menu !!!

Please bring a gift:

Ladies bring a ladies' gift

& Men Bring a Man's gift

Limit of \$20.00

**SURPRISE ENTERTAINMENT
BY
CHRISTMAS SONGS OF YES-
TERYEAR**

"DENIS CORMIER"

**LOOKING FORWARD TO
SPENDING A CHRISTMAS
MORNING WITH YOU!**



A Holiday Message from Your Hubbardston Senior Center

This has been an amazing year; we have lost some longtime friends that we have made here at the Senior Center. With a heavy heart we celebrate the holidays without them. Their presence will be missed but will be remembered with love.

Every year there is many unexpected events that come up. I have learned many things working here for the past 15-16 years. I have watched and listened and there is one thing that is most certain, we as seniors have to be strong and able to face whatever the future brings.

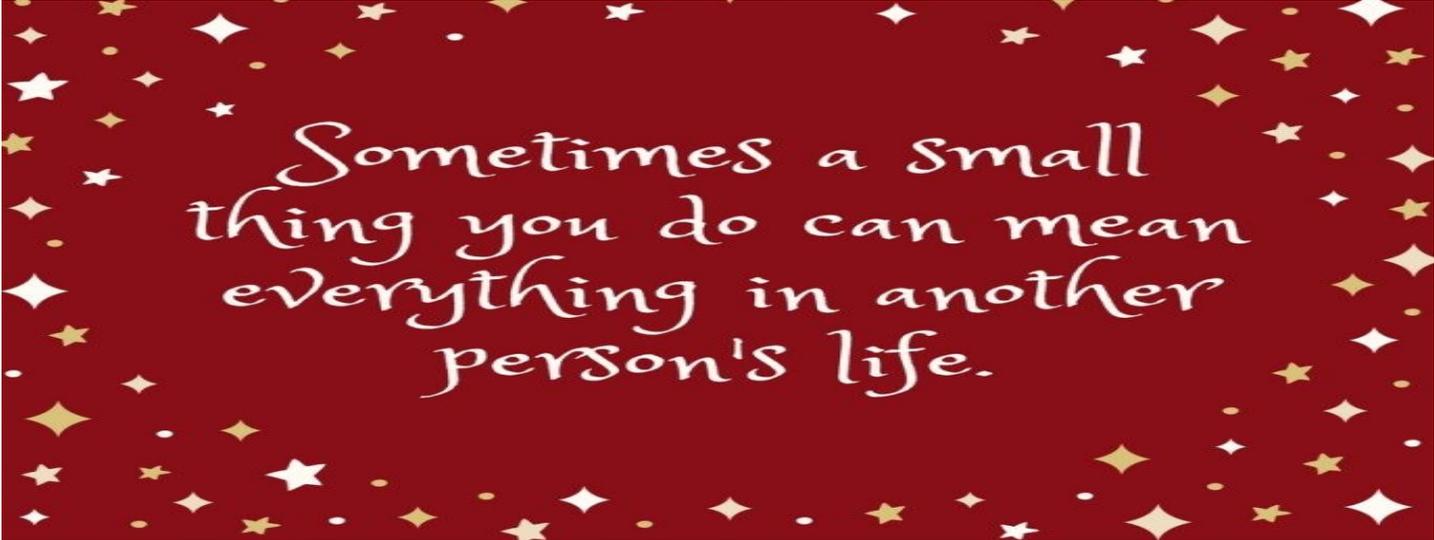
The Best Christmas present for me is spending time with all the wonderful people that come and support our senior center, we are so lucky to have a nice warm and welcoming place to meet and enjoy many different programs together.

So as another year comes to an end, I want to say thank you to all of my Volunteers and the people who support the Senior Center. This would not be what it is today without you.

A very Merry Christmas and a Happy and Healthy New Year to all.

As always,

Claudia



*Sometimes a small
thing you do can mean
everything in another
person's life.*

Norwegian Apple Pie/Cake - Joyce Green

Ingredients:

5-6 apples sliced thin	1 c flour
1 tps each sugar & cinnamon	2 eggs
$\frac{3}{4}$ c melted butter	1 tsp vanilla
1 c sugar	$\frac{1}{2}$ c walnuts

Directions:

You can use a pie plate or any small cake pan. Butter the pan. Slice up the apples and put them in the pan. Sprinkle with cinnamon and sugar. Mix together the melted butter, sugar, flour, eggs, vanilla, and nuts. Put it over the apples. Bake 45-60 minutes at 350 degrees or until toothpick comes out clean.



A Few Interesting International Christmas Traditions

Christmas Pickle



Here's a dill-ightful tradition that's thought to have started in Germany, but the actual origin is pretty much a mystery. Despite that, everyone will *relish* in this activity. It consists of someone hiding a **pickle ornament** deep within the tree's branches, and the person who discovers the pickle sometime during the Christmas season will receive a bonus gift or lots of good fortune for the upcoming year.

Exchanging Books



Iceland has a charming Christmas tradition you may want to start in your own family. On Christmas Eve, Icelandic families exchange books, then spend the rest of the evening cozied up by a fire as they read aloud and eat sweet treats. Sounds like a perfect Christmas Eve to us!

Brooms and Mops

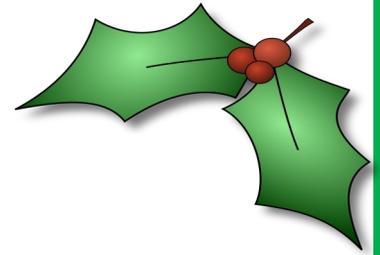


Perhaps you've hidden your brooms and mops when you're not in the mood to clean, but in Norway, they do it with a Christmas tradition in mind. Norwegian folklore advises hiding brooms and mops on Christmas night to prevent evil spirits and witches, who return to earth on Christmas, from taking the cleaning tools and using them to fly through the sky. How's that for a clean sweep?

OLD FASHION COUNTRY CHRISTMAS FAIR

SATURDAY, DECEMBER 2, 2023

9:00 A.M. — 3:00 P.M.



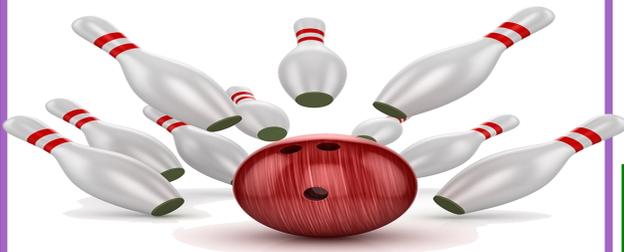
LOVELY HANDMADE GIFTS, RAFFLES, CHINESE AUCTION, LOTTERY TREE, HOME MADE BAKED GOODS, A VARIETY OF SOUPS AND HOMEMADE BREADS. YOU MAY TAKE HOME OR EAT IN!

Visit and take pictures with Mr. & Mrs. Claus

10:00 A.M.—2:00 P.M.

Wii-Bowling
Monday, Wednesday, and
Thursday mornings
9-11 am

Come join us for some healthy
competition!



Hubbardston Light Fight
December 1st, 2nd, & 3rd
December 8th, 9th, and 10th
December 15th, 16th, and 17th
5-9 p.m.



Congratulations to Kathy Dezius for winning the cord wood raffle sponsored by the Friends of the Hubbardston Senior Center. Thank you also to Chuck Woodward for the donation of the wood.

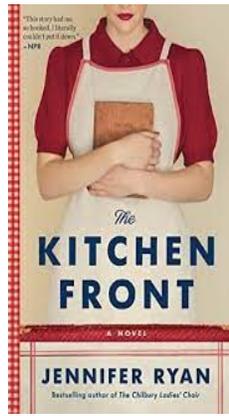
COP Community Outreach Program
Monetary & Toy Donations for Christmas
To benefit those less fortunate in Hubbardston
All toy donations are being collected by the
Hubbardston Police Department's
Community Outreach Program
All toys should be new in the packaging and unwrapped
Monetary donations can be sent to:
**Hubbardston Police Department, 7 Main
Street, Unit 9; Hubbardston, MA 01452**

Thank you GFA for sponsoring our newsletter.



Book Club

November's book is *The Kitchen Front* by Jennifer Ryan. Our next meeting is December 27th. Would you like to join us for stimulating discussion? Call the Library to get the book at 978-928-4775 and join us for lively conversation.



Golden Age Group

We meet the 1st and 3rd Wednesday of the month. Come join our group for some lively conversation and make new friends!

Several of us went to the Gardner Senior Center on October 23rd to see Dennis Cormier perform. We all enjoyed lots of laughs, nostalgic music and the beautiful luncheon that was provided. Many thanks to Gardner for their warm welcome.

Election of officers to the board will be coming up soon. Be thinking of how you might like to serve.

Invitations to our Christmas party December 20th will be going out to the **active** members of The Golden Agers. The invitation will have full details including how to sign up to go. If you have any questions please call Bev Kohlstrom or Betty Cormier.

Snowman Painting

December 5th at 9-11 am

Class is \$2.00 per person

Come to the Senior Center and paint 2 snowman ornaments.

Call 978-928-1400 x211 to reserve your spot. Limit 15 people.

Coffee & Community Conversations

Join us for Coffee & Community Conversations, a monthly coffee hour happening the last Tuesday of November-April from 8:30-9:30AM at the **Stars and Stripes Diner in Hubbardston!**

This casual event hosted by Hubbardston Town Administrator Nathan Boudreau and other town guests is a great chance to chat over coffee about town issues, get questions answered, share ideas, and connect.

The first coffee hour is coming up on **Tuesday, November 28th from 8:30-9:30AM**. Bring your thoughts, questions, and appetite for discussion!

Brunch with Santa

Saturday December 9th

10 Am—Noon

Hubbardston Center School Cafeteria

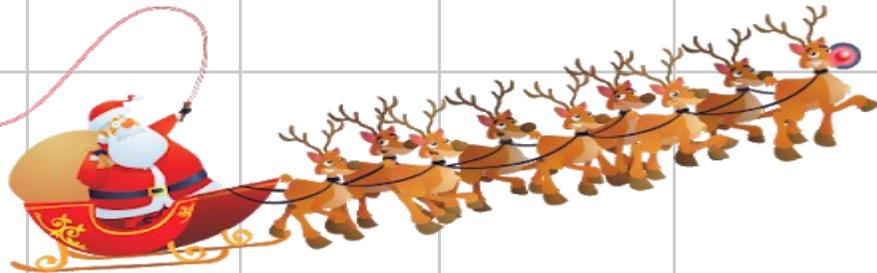
Photo opportunity with Santa

Bring your kids or grandchildren and your camera!

Donation \$10.00 for entrance. All proceeds goes towards the Special Events Fund for this and future events.



DECEMBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Eggs will be delivered bi weekly. Please note date changes!					1 Artisan Group 9-11 am Pitch Party 6:30 pm	2 Christmas Fair 9-3 pm Light Fight 5-9
3 Light Fight 5-9	4 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	5 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm Concert 2 pm	6 Coffee 9-11 am Wii-Bowling 9 am Country Christmas Trip 9 am	7 Coffee 9-11 am Eggs 9 am Cribbage 12:30 pm	8 Artisan Group 9-11 am Light Fight 5-9	9 Breakfast w Santa 10-noon Light Fight 5-9
10 Light Fight 5-9	11 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	12 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	13 Coffee 9-11 am Wii-Bowling 9 am Pitch Party 1;30 pm	14 Coffee 9-11 am Cribbage 12:30 pm	15 Artisan Group 9-11 am Christmas Party 9 am Pitch Party 6:30 pm	16 Light Fight 5-9
17 Light Fight 5-9	18 Coffee 9-11 am Wii-Bowling 9 am Bingo 12:30 pm	19 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	20 Coffee 9-11 am Wii-Bowling 9 am Golden Age Christmas Party Noon	21 Coffee 9-11 am Eggs 9 am Cribbage 12:30 pm	22 Artisan Group 9-11 am	23
24	25 Closed Christmas	26 Coffee 9-11 am Knitting 10-noon Singing 1:30 pm	27 Coffee 9-11 am Wii-Bowling 9 am Pitch Party 1;30 pm	28 Coffee 9-11 am Cribbage 12:30 pm	29 Artisan Group 9-11 am	30
31						

TIME TO APPLY

Low-income Home Energy Assistance Fuel is expensive, and winter is long!

Acquiring fuel assistance required a lot of documentation, but the results are well worth the effort. We have just the person to help. Call the Senior Center at 978-928-1400 x211 to make an appointment with Pat Lamoureux. She can help with the paperwork.

Fuel Assistance—978-342-4520 (NEFWC); 978-342-9407 (Salvation Army);
877-563-4645 (Joe for Oil)

Health Insurance Reminder

SHINE

Open enrollment runs October 15 thru December 7th. Call Senior Center to make appt or to discuss your health insurance needs over the phone with the SHINE counselor. 978-928-1400 x211



Thursday's 10-noon
For more information call
Lauren Wright at 508-735-5264
Email: [vet@hubbardstonma.us](mailto:veter@hubbardstonma.us)

TRANSPORTATION

Call or leave a message for Sharon at 207-710-1777 or 978-928-1400 x210. If she does not answer, please leave a message. Your call will be returned within 24 hours (excluding weekends)

Please give her the following information:

- Time and location you need to be picked up
- Time and location of your appointment
- Time your appointment should be finished
- A phone number where she can reach you

Medical Appointments: Available as needed

- Please note: If the appointment is for surgery, the client needs to find other transportation home. Van drivers cannot be responsible for a client after having any major medical procedures.

Shopping: Available as needed

- Anyone wanting to attend special event at the Senior Center, please call ahead. The van driver will give you a ride to the Senior Center and then back home free of charge.

Please remember the MART van will not be running when school is closed due to weather or holidays.



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Senior News Publications

Hubbardston Senior Center
7 Main Street Unit #3
Hubbardston, MA 01452



Hubbardston Council On Aging Mission Statement

The Hubbardston Council on Aging and the Senior Center exist to serve, support, and enhance the lives of all senior citizens in the community by providing social, educational, and health related programs and activities which support their well-being. It seeks to create an environment that is socially and intellectually stimulating, promotes interconnectedness and unity among older residents and encourages them to pursue healthy, active, independent lives.

Meet Your Council On Aging Members

DIRECTOR

Claudia Provencal
978-928-1400 x211
Please leave a message.
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coa@hubbardstonma.us

CHAIR

Florence Pervier
SECRETARY/OUTREACH WORKER
Mary Ellen (Mel) Shaughnessy
TREASURER
Ken Horvath

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Susan Breagy
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