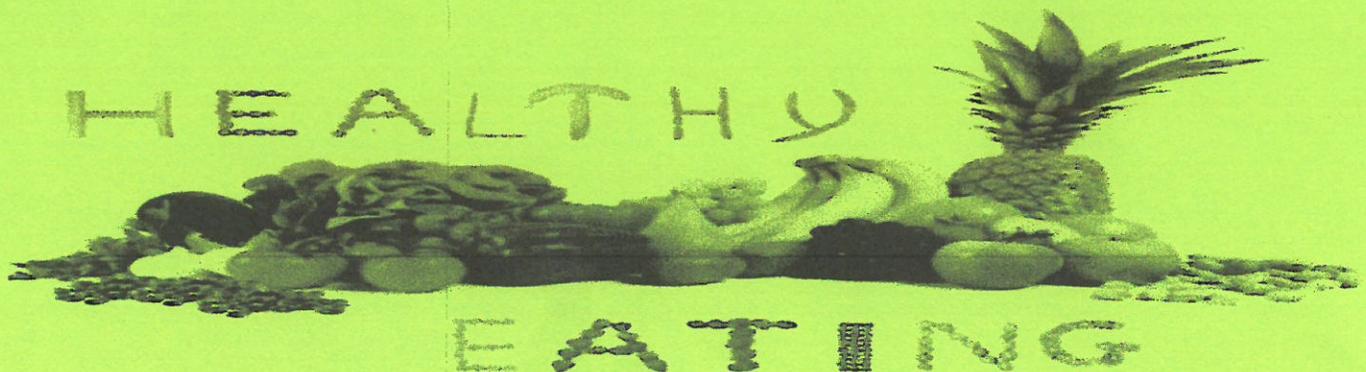


HUBBARDSTON SENIOR CENTER

TRIM TOGETHER



INFORMATIVE AND FUN DIET AND WEIGHT-LOSS SEMINARS EVERY TUESDAY AT 1:00. WE USUALLY HAVE A HEALTHY SNACK AS WE DISCUSS OUR GOALS AND PROGRESS. IT'S ALWAYS FUN, INTERESTING AND OF COURSE, IT'S FREE!



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